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Walking Football (Men's Session)


Sunday: 10:30–11:30

Introduction

Suffolk FA Walking Football is a slower-paced version of the Beautiful Game primarily aimed at the Over-50s.

Walking Football is designed to help people keep an active lifestyle irrespective of their age, as well as getting those back playing football who perhaps had to stop due to injuries.

Location

-  [Kesgrave Community Centre, Twelve Acre Approach, Kesgrave IP5 1JF](#)

Contact

-  **Noel Wilson**
-  **07846 241518**
-  www.suffolkfa.com/players/ways-to-play/walking-football

Last updated: 01 March 2022

Location: Kesgrave Community Centre - IP5 1JF