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Kesgrave Karate Club - Red Dragons (Age 4-7)

Thursday: 18:30–19:00



NORTHGATE & ASSOCIATED KARATE CLUBS

Introduction

For boys and girls 4-7 yrs old.

Kesgrave Karate Club is part of Northgate and Associated Karate Clubs which is a Suffolk based club covering; Bury St. Edmunds, Kesgrave, Northgate and Orwell Park.

They are affiliated with the English Karate Federation (EKF) and English Korean Karate Association (EKKA) and are a friendly club headed up by Sensei Bill Williams, 4th Dan.

If your goal is achieving black belt or simply to improve your fitness, co-ordination or mental agility then please come along to one of their sessions or contact them for more information. They always welcome new students and club sponsors. All our clubs are run by qualified instructors and offer a friendly atmosphere for you and/or your children.

Location

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Gorseland Primary School, Deben Avenue, Martlesham Heath IP5 3QR

Contact

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admin@northgate-karate.co.uk

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 [@groups/northgate.karate](https://www.facebook.com/groups/northgate.karate)

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 www.northgate-karate.co.uk/clubs

Last updated: 23 July 2021

Location: Gorseland Primary School - IP5 3QR