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Dementia Cafe (1st and 3rd Wed of Month)

Wednesday: 09:30–12:30



Introduction

As from January 2020 the Dementia Cafe is moving to Kesgrave Bowls Pavilion which is located next to Kesgrave Community Centre, Twelve Acre Approach.

The first session at the new venue will be Wednesday 15 January and from then on it will be held on the first and third Wednesdays of the month from 9.30am until 12.30pm.

If you are experiencing problems with your memory or have dementia, please come and join in the various activities and games on offer, and meet the team of very helpful and supportive staff.

Members will be made most welcome, but must be accompanied by a carer.

Location

[Bowls Pavillion, Kesgrave Community Centre, Twelve Acre Approach, Kesgrave IP5 1JF](#)

Contact

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Location: Kesgrave Community Centre - IP5 1JF