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Forget Me Not Cafe

Wednesday: 10:00–12:00



Introduction

Meetings are held every Wednesday in the bowls pavilion next to Kesgrave Community Centre.

If you are experiencing problems with your memory or have dementia, please come and join in the various activities and games on offer, and meet the team of very helpful and supportive staff.

Members will be made most welcome, but must be accompanied by a carer.

Location

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[Bowls Pavillion, Kesgrave Community Centre, Twelve Acre Approach, Kesgrave IP5 1JF](#)

Contact

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Last updated: 10 January 2022

Location: Bowls Pavillion, Kesgrave Community Centre - IP5 1JF