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Dance Easy - Advanced Class

Monday: 21:00–22:00



Introduction

This dance class is for dancers who are confident with the basic terminology of each dance.

If you would like to join this class please contact us to discuss your individual ability and requirements. Dancers who already attend our classes will be asked to attend when we feel they are of the required standard. We will use standard figures and variations so a good knowledge is required.

Paso Doble and the Viennese Waltz will be introduced. All technique will be taught including sway and CBM (Contra Body Movement). Although we will use a basic routine we encourage dancers to use the various figures and variations as they wish. After all we do not wish to create a sequence class we would like our dancers to be as individual as possible!

Location


-  **Kesgrave High School, Main Road, Kesgrave IP5 2PB**

Contact

-  **Graham & Sharon Skingley (A.I.S.T.D)**
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Last updated: 6 January 2022

Location: Kesgrave High School - IP5 2PB