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## Army Cadets - Kesgrave Parachute Detachment

Monday: 19:00–21:30



### Introduction

A Parachute Regiment detachment based in the Kesgrave Community Centre.

The Army Cadet Force (ACF) has nearly 40,000 cadets in more than 1,600 detachments all over the country and is one of the biggest and best clubs around. When it comes to fun, friendship, action and adventure, it's hard to find anything that beats the Army Cadets.

Become an Army Cadet and you'll be spending your spare time taking part in adventurous activities like rock climbing, mountain biking, archery and abseiling. There will also be plenty of chance to play all your favourite sports because the ACF has competitions for both boys and girls at county, regional and national level.

OK, so you might end up a little wet and muddy, but wouldn't you rather be having the time of your life with some great new mates, instead of just sitting in front of a TV or computer alone in your room?

### Location

Sports Hall, Kesgrave Community Centre, Twelve Acre Approach, Kesgrave IP5 1JF

### Contact

Detachment Commander is 2Lt S Grant

Suffolk ACF, TA Centre, Yarmouth Road, Ipswich, SUFFOLK IP1 4BH

01473 252562

[ea-sufao1@rfca.org.uk](mailto:ea-sufao1@rfca.org.uk) or

[ea-sufao2@rfca.org.uk](mailto:ea-sufao2@rfca.org.uk)

[armycadets.com/county/suffolk-acf](http://armycadets.com/county/suffolk-acf)

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Location: Kesgrave Community Centre IP5 1JF