

(9) and continue around edge of field. Continue on track. Pass farm buildings on left.

Just before junction with road (10) before houses take the footpath on the right almost back on yourself. At corner of field (11) turn left and follow footpath towards road.

At road (12) cross into field opposite and turn left, follow footpath on field side of hedge toward crossroads and follow the footpath at crossroads (13) turn right towards Newbourne. At the next footpath junction (14) take footpath on right almost towards barns. At first junction with track turn left and follow towards trees. Pass farm buildings on right Private Property (15). Follow footpath signs round to the left.

After 100 metres enter Newbourne Springs. At junction with gate and stile (16), take footpath to left immediately in front. Continue on walkways running alongside stream (17) until you reach the visitor centre.

You are now back where you started. I hope you enjoyed your walk.



Places of Interest

St. Marys Church, Newbourne

The Church suffered considerable damage at the east end during the October 1987 hurricane. The wall was completely rebuilt together with a new centre stained glass window. The Chapel (or second nave) was refurbished in 1950 and the chancel re-roofed in 1980 giving the overall appearance of a well cared for country Church. The flint tower contains a single bell.

Newbourne Springs

Newbourne Springs is a delightful nature reserve featuring a wealth of mature woodland, wild flowers, insects and many species of birds. In the 19th Century coprolite was excavated by Fisons at what is now the southern end of the reserve. The site is owned by Anglian Water and when Alton Reservoir to the south of Ipswich became operational in the mid 1980's,

Newbourne Springs was no longer needed. The old pump house is now a visitor centre with many displays arranged by Suffolk Wildlife Trust who jointly manage the reserve with Anglian Water.

Fox Inn Public House

The Inn dates back to the 17th Century. Walkers 6 ft and over beware of the low doorways and ceilings, but in spite of this hazard the building has character. In winter there is a real log fire in the bar giving that little extra welcoming glow.

Chapel Cottage (opposite Fox Inn)

The Chapel ceased as a place of worship in the 1950's. In the 1960's it was used by Michael Boys, a nationally known photographer of the day, as a studio. It is now a private residence.

Adastral Park (BT Laboratories)

The 110 acre site was purchased by the General Post Office (GPO) in 1968. The flat countryside being ideal for testing radio-based communication systems in vogue at the time. The Main Laboratory, incorporating the radio tower, was designed to echo the lines of the upturned Saxon ship found at Sutton Hoo. The site was officially opened in 1975 by the Queen and is now home to some 3500 BT employees. It has pioneered work on optical fibre technology and the fabrication of highly-reliable transistors and integrated circuits for submarine cable transmission systems. Several buildings from the old airfield remain, including the RAF camp hospital and mortuary and the armoury.

Acknowledgements:

Walks Co-ordinator - Mr Michael Rayment

Walk Updates - Mr Nick Francis / Mrs Judith Francis

Pamphlet Design/Artwork - Mr Alan Comber

Paintings - Mr Richard Cox

Town/Parish Councils - Brightwell, Foxhall and Purdis Farm;

Kesgrave; Little Bealings; Martlesham; Newbourne; Playford; and Rushmere St. Andrew.

Funding - Greenways, Suffolk County Council, Countryside Commission, Parish Councils

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Parish Walks

WALK 6



BT Laboratories

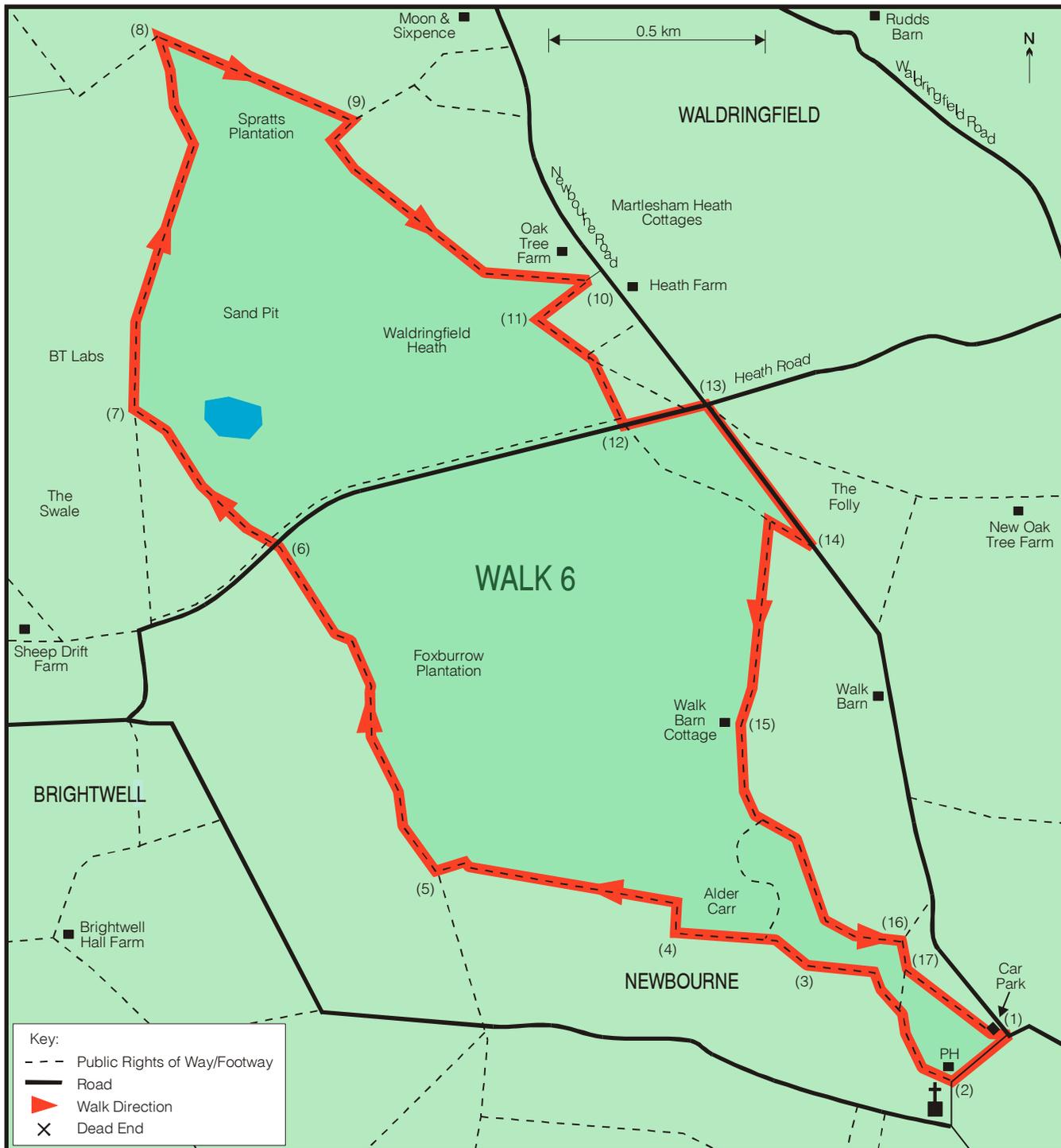
Newbourne



Suffolk County Council
PARISH PATHS
partnership
A COUNTRYSIDE COMMISSION INITIATIVE



GREENWAYS
countryside project



Introduction

This walk takes you around the parish of Newbourne, for a distance of about 7.6 km. Completion of the walk should take 1.5 to 2 hours. Recommended car parking can be found at Newbourne Springs visitor centre (1).

The Walk

Exit the Newbourne Springs visitor centre car park turning right and follow road (1) at 'T' junction turn right into The Street.

Before reaching the Fox Inn you will pass on your right 'The Giants House', a pink cottage with white front door. In about the 17th Century, two brothers of exceptional height (over 7ft) lived there ... it is believed that they both spent their working lives with a circus. Although somewhat weathered a headstone to commemorate one of the giants still stands in the churchyard.

Just past the Fox Inn (2) turn right into Fenn Lane. Pass houses on left and right. Continue on track. Pass through kissing gate. Carry straight on into meadow with hedge on left. Go through another kissing gate (3). Immediately take footpath straight on through tree lined avenue and up incline. At end of trees turn right (4) and follow footpath around edge of field. Passing caravan site on your left.

Follow footpath along line of trees. At 'T' junction (5) on edge of field, turn right and follow footpath signs towards BT tower. Continue along edge of field. Veer right into wooded area.

At corner of field follow footpath straight into wood. At road (6) cross straight over and through large metal gates. Follow footpath towards BT Labs. Pass white building on right. Follow footpath along line of electricity poles.

At 'T' junction (7) in front of BT Labs perimeter fence, turn right and follow footpath. Continue following footpath along perimeter fence. At end of fence carry straight on, skirting around field edge with wood on left.

At corner of field and 'T' junction of footpaths (8), turn right almost back on yourself and follow with hedge line on left. Pass the rear of the Moon and Sixpence camp site in the distance on your left. Pass gate to camp site on left