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- Club Timetable by Location

Venue Timetable



To see the timetable by the Day of the Week see: [Club Timetable](#)

All Saints Church and Church Hall

Tuesday

10:00–11:30 - [All Saints Church - Messy Church \(Alt Tue - Term Time Only\)](#)

10:00–11:30 - [All Saints Church - Sing, Sign and Play \(Alt Tue - Term Time Only\)](#)

14:15–15:15 - [Mother Union \(4th Tue of month\)](#)

Wednesday

09:00–11:00 - [The Theatre Emporium - Make Believers \(2-4 year olds\)](#)

09:30–10:30 - [All Saints Church - Morning Prayer](#)

10:30–11:30 - [All Saints Church - Coffee and Craft](#)

19:45–22:00 - [Shirts 'N' Skirts Square Dance Club](#)

Thursday

11:00–12:00 - [All Saints Church - Holy Communion](#)

Friday

16:15–20:15 - [The Theatre Emporium - School of Performing Arts \(4-18 year olds\)](#)

Saturday

10:00–12:00 - [Kesgrave Karate Club - Juniors \(8 to 17 yrs old\) and Adults \(18+ yrs old\)](#)

Sunday

08:30 - [All Saints Church - BCP Communion](#)

10:00 - [All Saints Church - All Age Communion](#)

10:00–10:45 - [All Saints Church - Faith in God \(most Sundays\)](#)

18:30 - [All Saints Church - Evensong](#)

Cedarwood Primary School

Tuesday

19:45–21:45 - [Kesgrave Sequence Dance Club](#)

Wednesday

19:30–22:00 - [Ipswich Philatelic Society \(2nd and 4th Wed of Month Sep - May\)](#)

Saturday

09:00–09:45 - [Co-op Juniors Theatre Academy - Class 1 Age 4-6](#)

09:45–10:30 - [Co-op Juniors Theatre Academy - Class 2 Age 6-8](#)

10:30–11:30 - [Co-op Juniors Theatre Academy - Class 3 Age 8-10](#)

11:30–12:30 - [Co-op Juniors Theatre Academy - Class 4 Age 10+](#)

Sunday

10:00 - [The Fields Church](#)

Fred Upson Hall

Tuesday

10:00–16:00 - [Crazy Scanners \(First Tue of Month\)](#)

Wednesday

19:30–21:30 - [Kesgrave Canasta Club \(3rd Wed of Month\)](#)

Thursday

10:00–11:30 - [Little Playmakers \(Term Time\) - Currently not running](#)

Saturday

10:00–16:00 - [Crazy 4 Crafts \(Third Sat of Month\)](#)

Gorseland Primary School

Thursday

15:30–16:30 - [All Saints Church - After School Church \(Alt. Thu - Term Time Only\)](#)

18:30–19:30 - [Kesgrave Karate Club - Juniors \(8 to 17 yrs old\) and Adults \(18+ yrs old\)](#)

Heath Primary School

Monday

18:30–19:30 - [GKR Karate](#)

Tuesday

18:00–18:30 - [Kesgrave Karate Club - Red Dragons \(Boys and Girls 4 - 7 yrs old\)](#)

18:30–19:30 - [Kesgrave Karate Club - Juniors \(8 to 17 yrs old\) and Adults \(18+ yrs old\)](#)

Kesgrave Community Centre, Conference Centre and Sports Hall

Monday

09:30–10:30 - [Active Adults](#)

11:30–12:30 - [Core Strength Yoga \(Term time only\)](#)

14:00 - [University of the 3rd Age \(Last Mon of Month Sep-Jun\)](#)

16:00–16:45 - [Bee Netball Age 5-7](#)

16:00–20:00 - [Community School Tuition \(Varied\)](#)

17:45–18:30 - [Kesgrave Panthers Cycle Speedway Club - Training - 6 and under plus new riders \(Mar - Nov\)](#)

18:00–20:00 - [Kesgrave Cricket Club - Junior Indoor Coaching \(Jan-Mar\)](#)

18:00–19:00 - [Pilates with Manon - Beginners \(Term time only\)](#)

18:30–19:15 - [Kesgrave Panthers Cycle Speedway Club - Training Open Session \(Mar - Nov\)](#)

19:00–21:30 - [Army Cadets - Kesgrave Parachute Detachment](#)

19:00 - [Ipswich Hospitals Bridge Club](#)

19:15–20:45 - [Yoga - Beginners \(Term time only\)](#)

19:30–22:00 - [Masque Players Rehearsal \(Mon\)](#)

Tuesday

09:30–11:30 - [Casual Badminton \(Term Time Only\)](#)

09:30–11:30 - [Community Centre Networking Event \(2nd Tue of month\)](#)

10:00–12:30 - [Kesgrave Art Club](#)

10:00–12:00 - [Arts Society South East Suffolk \(1st Tue of Month Feb to Dec excluding Jul and Aug\)](#)

14:00–16:00 - [Breathe Easy Ipswich support group \(2nd Tue of Month\)](#)

14:00–16:00 - [Kesgrave Friendship Club \(1st and 3rd Tue of Month\)](#)

16:00–20:00 - [Community School Tuition \(Varied\)](#)

18:00–20:00 - [Blackwell Martial Arts Academy](#)

18:00–19:00 - [Kesgrave Panthers Cycle Speedway Club - Training Open Session \(Mar - Nov\)](#)

18:55–20:00 - [Kesgrave Kruisers](#)

19:15 - [Kesgrave Co-op Womens Guild \(Every other Tuesday\)](#)

19:15 - [East Suffolk National Trust Association \(3rd Tue of Month\)](#)

19:30–20:30 - [She Sizzles Poledance, Aerial and Dance Fitness \(adhoc\)](#)

Wednesday

09:00–10:00 - [Personal Get Fit](#)

09:30–12:30 - [Dementia Cafe \(1st and 3rd Wed of Month\)](#)

10:00 - [Slimming World \(Session 1\)](#)

10:10–10:40 - [Rugby Tots - Age 2-3.5](#)

10:50–11:35 - [Rugby Tots - Age 3.5-5](#)

12:00 - [Slimming World \(Session 2\)](#)

16:00–16:45 - [Rugby Tots - Age 5-7](#)

17:30 - [Slimming World \(Session 3\)](#)

18:00–19:00 - [Pilates with Manon - Beginners \(Term time only\)](#)

18:00–20:00 - [Blackwell Martial Arts Academy](#)

19:00–22:00 - [Kesgrave Tennis Club \(Club Night\)](#)

19:00–19:45 - [Anglia Salsa - Beginners](#)

19:00–22:00 - [Yoga - Beginners \(Term time only\)](#)

19:30 - [Slimming World \(Session 4\)](#)

19:30–22:00 - [Civil Service Motoring Association \(2nd Wed of Month\)](#)

20:00–20:50 - [Zumba with Gabi](#)

20:00–21:00 - [Anglia Salsa - Improvers](#)

20:15–21:15 - [Pilates with Manon - Intermediate \(Term time only\)](#)

21:15–22:15 - [Anglia Salsa - Intermediates](#)

Thursday

09:30–10:45 - [Kay Fletcher Fitness - Cardio Workout](#)

10:00–12:00 - [Kesgrave and District Help Centre](#)

10:00–12:30 - [NHS Retirement Fellowship \(1st Thu of Month except Jan\)](#)

14:00–16:00 - [Kesgrave Lacemakers \(2nd and 4th Tue of Month\)](#)

16:00–20:00 - [Community School Tuition \(Varied\)](#)

18:00–19:00 - [Walking Netball](#)

18:00–20:00 - [Torwood Wheelers](#)

18:00–22:00 - [Blackwell Martial Arts Academy](#)

19:00–21:00 - [Ipswich and Kesgrave Bridge Club](#)

19:15 - [Kesgrave WI \(1st Thursday of Month\)](#)

19:30–22:00 - [Masque Players Rehearsal \(Thu\)](#)

Friday

10:00–11:00 - [Active Adults](#)

11:00–13:00 - [Casual Badminton \(Term Time Only\)](#)

11:15–12:15 - [Tai Chi with Marion \(Jan-Mar 20\)](#)

11:15–12:15 - [iCAN Disability Sport - Boccia](#)

14:00–16:00 - [Age UK Social and Friendship Group \(65+ 3rd Fri of Month\)\)](#)

18:00–19:00 - [Kesgrave Karate Club - Juniors \(8 to 17 yrs old\) and Adults \(18+ yrs old\)](#)

19:30–14:40 - [Ipswich Bonsai Society \(2nd Friday of Month\)](#)

Saturday

08:45–09:30 - [Little Kickers - Little Kicks](#)

08:45–09:15 - [Rugby Tots - Age 2-3.5](#)

09:00–12:00 - [iPerform Academy of Theatre Arts](#)

09:25–10:10 - [Rugby Tots - Age 3.55-5](#)

09:45–10:30 - [Little Kickers - Junior Kickers](#)

10:20–10:50 - [Rugby Tots - Age 2-3.5](#)

10:45–11:30 - [Little Kickers - Mighty Kickers](#)

11:00–11:45 - [Rugby Tots - Age 3.55-5](#)

11:55–12:40 - [Rugby Tots - Age 5-7](#)

14:15–16:00 - [Deben Junior Archery - Indoors \(Winter only\)](#)

Sunday

09:00–09:45 - [Little Kickers - Little Kicks](#)

09:15–11:00 - [Kesgrave Cricket Club - Junior Coaching \(29 Apr - 22 Jul\)](#)

10:00–10:45 - [Little Kickers - Junior Kickers](#)

11:00–11:45 - [Little Kickers - Mighty Kickers](#)

15:00–17:00 - [Rapsey Acting Workshops](#)

18:30–22:30 - [Kesgrave Short Mat Bowls Club \(Mid-September to end of March\)](#)

19:15–20:05 - [Zumba with Gabi](#)

Kesgrave High School

Monday

17:00–18:00 - [Louise Kate Dance - Prep/Primary Modern/Acrobatics, Bronze Commercial - Age 5+](#)

18:00–19:00 - [Louise Kate Dance - Grade 2 Modern/Grade 2 Acrobatics/ Bronze Commercial](#)

19:00–19:45 - [Dance Easy - Beginners Class](#)

19:00–20:00 - [Louise Kate Dance - Grade 6/Grade 7/Intermediate Ballet/Advanced Lyrical](#)

19:30–22:00 - [Kesgrave Badminton Club \(Term time\)](#)

20:00–20:45 - [Dance Easy - Improvers Class](#)

20:00–21:00 - [Louise Kate Dance - Grade 6 Modern/Grade 4 Acrobatics/Bronze Commercial](#)

21:00–21:45 - [Dance Easy - Advanced Class](#)

Tuesday

16:45–17:45 - [Louise Kate Dance - Preparatory Tap/Ballet](#)

18:00–19:00 - [Louise Kate Dance - Grade 4 Ballet/Lyrical](#)

18:00–19:15 - [Kay Fletcher Fitness - Cardio Workout](#)

19:00–20:00 - [Louise Kate Dance - Ballet Extra/Pointe Class](#)

19:30–20:30 - [Kay Fletcher Fitness - Totally Shredded \(High Intensity Interval Training\)](#)

20:00–21:00 - [Louise Kate Dance - Contemporary](#)

Wednesday

17:00–18:00 - [Louise Kate Dance - Grade 2 Ballet/Lyrical](#)

18:00–19:00 - [Louise Kate Dance - Grade 4 Modern/Grade 2 Acrobatics, Bronze Commercial](#)

19:00–20:00 - [Louise Kate Dance - Grade 5 Ballet/Lyrical](#)

20:00–21:00 - [Louise Kate Dance - Grade 5 Modern/Grade 3 Acrobatics, Bronze Commercial](#)

Thursday

16:00–17:00 - [Louise Kate Dance - Pre -Preparatory Tap/Ballet](#)

17:00–18:00 - [Louise Kate Dance - Prep/Primary Tap/Ballet](#)

18:00–19:00 - [Louise Kate Dance - Grade 2 Tap](#)

18:30–19:45 - [Kay Fletcher Fitness - Zumba](#)

19:00–20:00 - [Louise Kate Dance - Grade 5 Tap](#)

20:00–21:00 - [Louise Kate Dance - Grade 6/7 Tap](#)

20:00–20:45 - [Kay Fletcher Fitness - Kettlebell HIIT](#)

Friday

16:00–17:00 - [Louise Kate Dance - Preparatory Tap/Ballet](#)

16:00–17:00 - [Louise Kate Dance - Stage Class Solo/Duet](#)

17:00–19:00 - [Louise Kate Dance - Stage Class \(Competition Team\)](#)

Saturday

08:30–09:30 - [Kay Fletcher Fitness - 28 Day Reboot Bootcamp](#)

Kesgrave Library

Monday

09:30–11:30 - [Library MacMillan Cancer Support Coffee Mornings \(4th Monday of Month\)](#)

09:30–12:00 - [Library IT Drop in Sessions \(3rd Monday of Month\)](#)

10:00–11:00 - [Library Sofa Storytime \(2nd Monday of Month\)](#)

Tuesday

09:00–12:00 - [Library Adult Colouring](#)

15:00–16:30 - [Library Lego Club](#)

Wednesday

14:30 - [Library Knit and Natter \(1st and 3rd Wednesday of Month\)](#)

Thursday

09:45–10:15 - [Library Bookstart Session - Tot Rock](#)

10:30–11:00 - [Library Bookstart Session - Baby Bounce](#)

14:45 - [Library Afternoon Reading Group \(Once a Month\)](#)

19:00 - [Library Evening Book Group \(Once a Month\)](#)

Friday

09:45–10:15 - [Library Storytime: stories, songs and activities for pre-school children \(Term time\)](#)

Saturday

09:30–12:00 - [Library 1:1 IT Sessions \(Last Saturday of Month\) - contact the library in advance to book a place](#)

Sunday

10:00–12:00 - [Library Craft activities: for primary school age children](#)

Millennium Jubilee Hall and Sports Ground

Monday

10:00–10:45 - [Diddy Dance](#)

14:00–16:00 - [Sandra Pond Art Classes \(Events and Days Vary\)](#)

17:30–18:30 - [2nd Kesgrave Brownies \(Term Time\)](#)

18:30–19:00 - [MetaFit](#)

19:00–20:00 - [Fitness Yoga](#)

19:30–21:00 - [1st Kesgrave Guides \(Term Time\)](#)

Tuesday

09:30–10:30 - [Balanced Body Pilates \(Beginners/Improvers - Session 1\)](#)

10:30–11:30 - [Balanced Body Pilates \(Beginners/Improvers - Session 2\)](#)

17:00–18:30 - [3rd Kesgrave Rainbows \(Term Time\)](#)

Wednesday

09:30–10:30 - [Core & More Pilates](#)

10:00–10:45 - [Diddy Dance](#)

16:15–19:15 - [The Theatre Emporium - School of Acting \(8-18 year olds\)](#)

19:30–21:30 - [MADS Kesgrave - Amateur Dramatic Group](#)

Thursday

09:15–10:15 - [Fitness Yoga](#)

11:00–12:00 - [Balanced Body Pilates \(Beginners/Improvers - Session 1\)](#)

12:00–13:00 - [Balanced Body Pilates \(Beginners/Improvers - Session 2\)](#)

17:30–19:00 - [The Hang Out \(for Year 7\)](#)

18:30–19:00 - [MetaFit](#)

19:15–20:30 - [The Hang Out \(for Year 8 & 9\)](#)

Friday

10:00–11:00 - [Baby Sensory \(7-13 Months\)](#)

11:15–12:15 - [Baby Sensory \(Birth - 7 Months\)](#)

13:00–14:00 - [Baby Sensory \(Birth - 13 Months\)](#)

17:30–18:30 - [2nd Kesgrave Rainbows \(Term Time\)](#)

Saturday

07:30–08:00 - [MetaFit](#)

09:00 - [Kesgrave Parkrun](#)

09:00–10:00 - [CDC Street Dance \(4-9 year olds\)](#)

10:00–11:00 - [CDC Street Dance \(7-15 year olds\)](#)

10:15–10:55 - [Baby Ballet Movers \(3 & 4 years\)](#)

11:00–11:35 - [Baby Ballet Tinies \(8m-3 years\)](#)

Sunday

09:00 - [Kesgrave Junior Parkrun](#)

Other Locations

Monday

10:00–23:21 - [Toddle Talk Baby Signing](#)

Tuesday

09:30–11:30 - [Kesgrave Baptist Church Toddler Group - Tue Morning Group \(Term Time Only\)](#)

09:30–10:30 - [Outdoor Fitness](#)

13:30–15:00 - [Kesgrave Baptist Church Toddler Group - Tue Afternoon Group \(Term Time Only\)](#)

19:30–20:30 - [Outdoor Fitness](#)

Wednesday

14:30–15:30 - [Kesgrave Baptist Church Women's Fellowship](#)

Thursday

18:00–19:30 - [Level Two bus \(for Yrs 10+\)](#)

19:30 - [Ipswich Witches Speedway \(Apr - Oct\)](#)

Friday

15:30–16:45 - [Kesgrave Baptist Church YOYOS \(Term time\)](#)

18:30–19:45 - [Kesgrave Baptist Church Activ8 \(Term time\)](#)

19:30–21:00 - [Kesgrave Baptist Church Trail Blazers \(Term time\)](#)

Sunday

08:00–09:00 - [Outdoor Fitness](#)

10:30–11:30 - [Kesgrave Baptist Church Sunday Morning Service](#)

10:30–11:45 - [Kesgrave Baptist Church Sunday School](#)

18:30–19:30 - [Kesgrave Baptist Church Sunday Evening Service](#)

Scout Hall

Monday

10:00–11:00 - [Tai Chi Beginners](#)

10:00–12:00 - [Tai Chi Improvers](#)

11:00–12:00 - [Tai Chi Foundation Beginners](#)

12:00–13:00 - [Tai Chi Lok Hup Beginners](#)

13:00–14:00 - [Pilates](#)

14:00–16:00 - [Kesgrave Singers](#)

17:15–18:15 - [1st Kesgrave Rainbows](#)

18:30–19:45 - [1st Kesgrave Scouts - Bader Cubs](#)

18:30–19:45 - [1st Kesgrave Scouts - Constable Cubs](#)

Tuesday

10:00–13:30 - [Cafe 66](#)

11:00–12:00 - [Splat Messy Play](#)

14:00–16:00 - [U3A Parchment Craft Group 2 \(1st and 3rd Tue of Month\)](#)

18:00–19:15 - [1st Kesgrave Scouts - Ransome Cubs](#)

18:30–19:15 - [Adult Tap Lessons](#)

19:30–21:30 - [1st Kesgrave Scouts - Tue Scouts](#)

20:00–22:00 - [Explorers - Raedwald Unit](#)

Wednesday

10:00–13:30 - [Cafe 66](#)

16:00–18:00 - [Tots Ballet Classes](#)

18:15–19:30 - [1st Kesgrave Scouts - Fynn Beavers](#)

18:30–19:45 - [1st Kesgrave Scouts - Wolsey Cubs](#)

19:30–21:00 - [Ipswich and East Suffolk Bee Keepers Association \(1st Wed of Month\)](#)

20:00–22:00 - [Kesgrave Needlecraft Club \(2nd and 4th Wed of month\)](#)

Thursday

09:30–10:30 - [Keep Fit Dancing](#)

10:00–13:30 - [Cafe 66](#)

10:30–12:30 - [Kesgrave Computer Club](#)

16:00–17:00 - [Tots Ballet Classes](#)

18:00–19:15 - [1st Kesgrave Scouts - Lark Beavers](#)

18:00–19:15 - [1st Kesgrave Scouts - Stour Beavers](#)

19:30–21:30 - [1st Kesgrave Scouts - Thursday Scouts](#)

Friday

10:00–13:30 - [Cafe 66](#)

18:00–19:15 - [1st Kesgrave Scouts - Gipping Beavers](#)

19:15–21:15 - [2nd Kesgrave Guides \(Term time\)](#)

19:15–20:30 - [Scout Jumble Sales - Setting Up \(1st or 2nd Fri of Month\)](#)

Saturday

09:00–12:30 - [Kesgrave Market \(3rd Sat of month\)](#)

09:30–11:00 - [Scout Jumble Sales \(1st or 2nd Sat of Month\)](#)

Kesgrave Social Club

Tuesday

19:00–22:00 - [Heartbeat \(First Tue of month\)](#)

Wednesday

10:00–12:00 - [Kesgrave Pop Chorus](#)

19:30–22:00 - [Bingo](#)

Thursday

19:30–20:15 - [Kesgrave Salsa Club - Beginners](#)

20:15–21:15 - [Kesgrave Salsa Club - Advanced](#)

Sunday

19:30–10:30 - [FoxyRock Rock 'n' Roll Club \(Every other Sunday\)](#)

If you would like to add a club or spot incorrect information please email the details to:
enquiry@kesgrave.org.uk