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Kesgrave Junior Parkrun

Sunday: 09:00

Kesgrave Junior Parkrun is a FREE weekly 2km event for junior runners (4-14 year olds) every Sunday at 9:00am at the Millenium Sports Ground, Kesgrave IP5 2EN. It is not a race against other runners, but a timed run and it can really be whatever you want it to be, whether that's for fun or as part of a training plan.

Taking part is easy – just [register](#) online before your first ever parkrun. You only ever need to do it once and then turn up at an event with a **printed** copy of your bar code. Without it you won't get timed.

Every parkrun only happens because of the time and dedication of it's volunteers. It needs marshals and people at the finish funnel, timing or scanning the runners' barcodes.

NB There is also the usual Kesgrave Parkrun that is held on a Saturday at 9am - Futher details can be found [.](#)

Parkrun is part of a national organisation - www.parkrun.org.uk

Location

Millennium Sports Ground
Millennium Way
Kesgrave
Suffolk
IP5 2EN

Contact

To contact Kesgrave Junior Parkrun email kesgrave-juniorsoffice@parkrun.com or to volunteer to help email: kesgrave-juniorshelpers@parkrun.com.

For futher details visit their website at: www.parkrun.org.uk/kesgrave-juniors or Facebook page

[@kesgravejuniorparkrun](https://www.facebook.com/kesgravejuniorparkrun)

Location: Millennium Sports Ground - IP5 2EN